

California Natural Health



Dr. Kelly Austin, N.D., San Diego, CA

Dr. Kelly Austin, N.D., holds a doctorate in Naturopathic Medicine from Canadian College of Naturopathic Medicine. Dr. Austin has been practicing since 2004 and specializes in hormone balancing, clinical nutrition, lifestyle counseling, stress management, weight loss, detoxification and herbal medicine.

Dr. Austin has several years of experience treating chronic infections such as Lyme disease and C. difficile. She can work with a patient's Medical Doctor (MD) if requested to provide an integrative approach to medicine. Dr. Austin provides updates on patient's progress to their MD with the patient's request. Dr. Austin's treatment modalities include herbal medicine, supplementation, nutrition and lifestyle medicine.

Dr. Austin provides phone consultations. She also provides patients with a superbill with insurance coding at the end of each visit. To schedule an office visit or phone consultation with Dr. Austin, please call 858-705-1727.

Dr. Austin's contact information:

California Natural Health
11828 Bernardo Plaza Court
San Diego, CA 92128
Phone: 858-705-1727

Website: www.nhealth.ca

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